

# Bike week



ACT TRAVELWISE



Cycling Scotland



BIKE WEEK is an annual opportunity to promote cycling, and show how cycling can easily be part of everyday life. Demonstrating the social, health and environmental benefits of cycling, Bike Week aims to get people to give cycling a go, whether this be for fun, as a means of getting around to the local shops, school, the library or just to visit friends. As the biggest nationwide cycling event in the UK, Bike Week encourages over half a million people to join in events, rethink their everyday journeys and switch to cycling as the most convenient way to get around. Bike Week has been staged since 1923! 600+ events take place all over the country.

**[www.bikeweek.org.uk](http://www.bikeweek.org.uk) – 14–22nd June**

*(Events can and do take place outside of these dates)*